

Helping Behavioral Health Clients Succeed with Tobacco Treatment Medication

Thursday, February 22nd, 2024, 9 am – 10:15 am PST

Description: Participants will learn about tobacco treatment medication and behavior modification and how to explore these treatment options with clients and successfully address tobacco use disorder. Participants will also learn simple ways to help clients manage the common pitfalls of tobacco treatment medication.

Who Should Attend: Administrative and/or Clinical Staff of Alameda County Behavioral Health (ACBH)-funded substance use treatment and mental health programs

Measurable Learning Objectives

- Identify (2) psychotropic medications whose doses may need to be changed when clients quit smoking and explain why and how
- Explain two (2) symptoms that can happen with the nicotine patch and the adjustments that can resolve them
- Explain two (2) reasons that “reduce to quit” can help clients who want to quit later to begin now
- Explain two (2) strategies that counselors and clinicians can use to increase acceptance and follow-through with medication among African Americans and others

Registration required, Zoom link sent upon registration • **Register [online](#)**

Questions? Contact us at tobaccotreatment@lifelongmedical.org

This training is sponsored by Alameda County Behavioral Health in contract with LifeLong Medical Care's Tobacco Treatment Training Program, located EBCRP. CE credit is provided by LifeLong Medical Care.

If you have any questions or need to request accommodations for disabilities, please contact tobaccotreatment@lifelongmedical.org.

For grievance information, including filing a grievance or to receive a copy of the grievance policy, please contact tobaccotreatment@lifelongmedical.org.

Course Completion certificates will be awarded by email for those that submit a post-test/ evaluation form and are provided within one week of receipt of the form.

Course is **pending approval for 1.0 hour of continuing education credit** for **LMFT's, LCSW's, LPCC's, LEP's, and SUD Counseling Staff** as required by the California Board of Behavioral Sciences and by the California Consortium of Addiction Programs and Professionals (CCAPP).

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